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Image's® E-Newsletter April 2010



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Ask Dr. Haas



**Q:** I try to stay physically fit by going to my gym and eating a balanced diet. Can anything be done to improve my cellulite and maybe lose a couple of inches?

**A:** In the past, there was no truly effective way to improve cellulite and tighten skin. Improvements in technology allow us to offer treatments that actually work. VelaShape by Syneron is an effective BodyShaping solution for multiple treatment areas including the posterior thigh, buttocks, outer thigh & hip, anterior thigh, inner thigh, saddlebags, love handles, abdomen. VelaShape uses the synergistic combination of infrared and RF energies and vacuum rollers to facilitate safe and efficient energy delivery and to smooth out the skin. The net result is the fat cells are shrunk; the result is a reduction in the circumference of the treated area and a smoother appearance of the skin's surface! There is minimal to no downtime with the VelaShape treatments and most people experience no side effects, though a few may exhibit some short-term local reddening. Most patients can easily be treated on their lunch break! Clinically proven results are visible in as few as 4 treatments. VelaShape can also effectively treat post lipo-suction and post baby treatment via circumferential reduction. ReFirme is a FDA cleared non-invasive Skin Tightening procedure featuring the revolutionary elos technology as well. Unlike conventional laser skin tightening treatments that are time and treatment intensive, and often too painful for many patients; ReFirme offers virtually painless and fast treatment for sagging and wrinkled skin. Combing the VelaShape along with Refirme have shown wonderful results, especially on the abdomen area. The advantage is both of these new body shaping treatments can be performed in about an hour!

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